



Jadavpur University



SAMYA Foundation for Special Needs

One-year Postgraduate Diploma in Dance Movement Therapy for Special Needs (2026)

Applications are invited for a *One-year Postgraduate Diploma in Dance Movement Therapy for Special Needs* to be conducted from May 2026 to April 2027 as a part-time programme with classes every Saturday afternoon at Jadavpur University and Thursday / Friday / Sunday experiential classes at SAMYA Foundation for Special Needs.

Course Outcome

After completion of this programme, the learner will be able to

- Demonstrate an advanced understanding of Dance Movement Therapy (DMT) theories, models, and intervention strategies for individuals with developmental differences.
- Analyze neurophysiological, developmental, psychological, and behavioural frameworks relevant to disability and mental health.
- Design structured DMT programs for diverse special-needs populations across age groups.
- Integrate multidisciplinary therapeutic approaches, including music therapy, art therapy, behavioural therapy, mindfulness, and CBT principles within DMT practice.
- Conduct supervised and independent DMT sessions, maintain documentation, and evaluate client progress using standardized tools.
- Undertake applied research and present a case-based dissertation following ethical guidelines.

After successful completion of the course internship and intensive training during the course, a certified Dance and Movement Therapist should be able to conduct independent DMT sessions and help facilitate a person with developmental differences towards overcoming their physical and emotional challenges.

Eligibility Criteria

Graduates from any discipline, preferably from Psychology, Medical Science, Biological Sciences Special Education, Social Work, Performing Arts, Occupational Therapy, Physiotherapy, or allied fields in Education and Healthcare.

Note:

1. Parents and caregivers of persons with disabilities along with professionals (Physicians, Therapists, Special Educators, Teachers, and Nurses etc.) can apply.
2. Selection will be based on an online interview, marks in previous examinations appeared and work experience related to disability management, education, psychology and health sciences.

Course Fees

1. There is no application fee.
2. Course fees: Rs. 36,000/-. The Course fees can also be paid in three instalments i.e., Rs. 18,000/- at the time of admission and Rs. 9,000/- in two subsequent instalments.
3. The entire course fees or the first instalment i.e., Rs. 18,000/- to be paid by the selected candidates, at the time of admission, through Demand Draft drawn in favour of **The Registrar, Jadavpur University** payable at **Kolkata**.
4. The second instalment to be paid by 31.08.2026 and the third instalment to be paid by 30.11.2026

* No refund will be issued after one week of course commencement

Course Timeline

Application starts on: 27.03.2026

Application ends on: 27.04.2026

Interview: 06.05.2026 (to be communicated to the applicants)

Provisional Selection list: 08.05.2026

(To be published on the official websites of both Jadavpur University and SAMYA Foundation)

Submission of Admission Fees (through Demand Draft) and physical documents: within 20.05.2026, 4:30 pm at the Office of the Department of Education, Nazrul Bhavan, Jadavpur University, Kolkata - 32

Orientation & Commencement of class: 23.05.2026

Link for the online application - <https://forms.gle/p5PQ6NvpbU75uNKFA>

Course duration

Date: 23.05.2026 to 30.04.2027

Time: 3 pm to 7 pm on Saturday (fixed at JU Campus), Thursday / Friday - 3 pm to 7 pm or Sunday – 10 am to 2 pm (at SAMYA Foundation).

Module Code	Module Title	Marks
DMT 1.1	Understanding of DMT & Application in Developmental Differences	100
DMT 1.2	Physiological Basis of Developmental Milestones & Disabilities	100
DMT 1.3	Mental Health & Mindfulness	100
DMT 1.4	Integration of Other Therapies in DMT Practice	100
DMT 1.5	Supervised Clinical Internship	100
DMT 1.6	Research Project / Dissertation	100
Total		600

Assessment Structure

Component	Weightage					
	DMT1.1	DMT1.2	DMT1.3	DMT1.4	DMT1.5	DMT1.6
Written Examination	80%	80%	80%	80%	-	-
Internal Assessments	20%	20%	20%	20%	-	-
Internship Performance	-	-	-	-	80%	-
Research Dissertation	-	-	-	-	-	80%
Viva Voce	-	-	-	-	20%	20%

Intake capacity

Up to 30

Course Structure

* Detailed curriculum will be provided in the Orientation class.

Course Coordinator(s) -



Prof. Muktipada Sinha
Professor
Department of Education
Jadavpur University



Dr. Aditi Bandyopadhyay
Founder & Hony Managing Trustee
SAMYA Foundation
Kolkata



Dr. Bijoy Krishna Panda
Assistant Professor
Department of Education
Jadavpur University